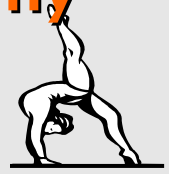




# Clarington Gymnastics Academy

## Nov Newsletter 2007



### Fall Programs

#### A Huge success!

It's nice to see all the Recreational kids back in the gym. Everyone has been doing great & working hard.

### Halloween Week

Mon Oct 22<sup>nd</sup> - Sat Oct 27<sup>th</sup> will be Halloween Week. Each child is to wear his/her costume to gym on their gym day. Costumes will be judged though-out the week and finalist will be invited back for the parade on Sat.

Costumes will be judged on:

- \*most scariest
- \*most original
- \*most adorable

**There will be no class's  
Wed Oct 31<sup>st</sup> for  
Halloween night.  
Happy Trick or Treating!**



### Winter Registration

Nov 1<sup>st</sup> members who are enrolled on our Fall programs Can pre-register for the winter Session. Nov 19<sup>th</sup> new Member registration begins. Our winter programs begin Jan 7<sup>th</sup>

### Clarington Pro-Shop

### New Jagwear stock has arrived!

Come check out our new selection of the latest styles from Jagwear. Including bodysuits, shorts gym slippers, hats and two piece tank tops in the latest material!

### Fundraising

This year we will be raising Funds for new pre-school Equipment. Your support Is greatly appreciated. If you have any questions or can help please call the gym 905-623-4882

### Provincial Training Camp

Oct 21<sup>st</sup> 60 gymnasts & coaches from across Ontario will be attending A one day training camp here at Clarington. We are very excited about Hosting and look forward to have Tobie Gorman From the Ottawa Gymnastics Centre offering her Expertise and advise. Tobie is the coach of 2004 Olympians Melanie Banville & Heather Purnell

### Interested in becoming a coach?

We will be hosting a

Technical Level One Course  
Dec 28<sup>th</sup> & 29<sup>th</sup>/07.

To register stop by the Office to pick up a Form or click here [http://www.ogf.com/events/index.php?event\\_category\\_id=67](http://www.ogf.com/events/index.php?event_category_id=67)

### Building leadership. Building communities.

By learning how to become a coach, you can provide a positive experience for others and for yourself. Coaches represent many different roles to many different people. Coaches are viewed as teachers, mentors, role models, friends, and as leaders in the community in which they become involved. Coaches contribute to the community, have an enormous effect on the development of our youth, and participate in a great learning experience.

Good coaching is fundamental to community sport. By becoming a valued member of the community, good coaches can share the positive aspects of an active lifestyle. The role of a coach allows you to teach things such as teamwork, character building, and the

# Clarington Gymnastics Academy

## Nov Newsletter 2007



fundamental skills of the sport to participants who are eager to learn. Coaches can help to train any type of participant, from beginners to Olympians, and everyone in between.

### Competitive News

Tour Selection Nov 16<sup>th</sup>  
Athletes OCP Level 7,8& 9 born 1994 and prior will compete for a spot on the Ontario Tour Team to travel to Florida to attend the Sand Dollar Invitational.

### Provincial Qualifier

The first provincial qualifier for our athletes will be held in Orangeville ON Nov 30 - Dec 2<sup>nd</sup>. This will be the first of 3 Qualifiers our athletes and coaches will attend. Athletes will contend for a chance to compete at Provincial



championships and Elite Ontario in 2008.

Good Luck to all our Athletes!!

### Athlete of the Month

#### Elizabeth & Mom Micheline

Elizabeth and mom are new to our Parent & Tot Program. Elizabeth is an enthusiastic participant who brings her smile to class each week. Nice Work!



### Viewing Area Privilege

It is very important not to communicate with your child during class time. This is a distraction to the group and the coach please let our coach's do their jobs. If your child needs to go to the bathroom and is un-able to do themselves please have them go before class or speak with your child's coach. There is no flash photography permitted from the viewing area. Thank you.



### Up-Coming Events

Nov 10 - 12/07 Tour Selection for Provincial Athletes who are eligible.

Parents Week Last weeks:

Tues Dec 4<sup>th</sup>

Mon Dec 10<sup>th</sup> & Sat Dec 15<sup>th</sup>

Nov 30<sup>th</sup> - Dec 2<sup>nd</sup> 1<sup>st</sup> Qualifier for Provincial Level athletes - Orangeville ON